



February 21 - 23, 2014
Forgiveness Weekend Intensive
Light in Winter

Come to a workshop that will light
a new flame in your heart!

*"The experience of forgiveness
is profound and refreshing!
Forgiveness is a life skill and a
health habit you can learn in a
weekend and use for a lifetime."*

— Mary Hayes Grieco,
Unconditional Forgiveness

- Shed your stress and heal from life's disappointments
- Resolve old hurts and renew your love for family members
- Improve your health and increase your vitality
- Connect with your soul and your Creator and live purposefully

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Hours: Friday 7:00pm to 9:00pm
Saturday 9:00am to 5:30pm
Sunday 1:00pm to 5:30pm

Cost: \$245 (limited partial scholarships available)

Location: The Carondelet Center, 1890 Randolph Street
St. Paul, MN 55105

Questions: 612-874-6622

Web: www.maryhayesgrieco.com

Faculty: Mary Hayes Grieco and Institute Trainees

Sponsored by: The Midwest Institute for Forgiveness Training
Freeing the joy of the human spirit

unconditional love

*A refreshing universal spiritual energy
that restores you to wholeness*

forgiveness

*The act of releasing expectations
that cause you to suffer*

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To register, fill out this form and mail in your fee today. We will send you a confirmation and workshop details by email within a few days of receiving this registration. Thank you!

Please make checks payable to
Mary Hayes Grieco

Mail to: The Midwest Institute for
Forgiveness Training, 2100 1st Ave. S.,
Suite 103, Minneapolis, MN 55404

You may also register and pay online with a
credit card at www.maryhayesgrieco.com.

NAME _____

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