

*“Be a lamp, or a lifeboat, or a ladder.  
Help heal someone’s soul.  
Walk out of your house like a shepherd.”*  
- Rumi



## The Nine Month Self-Mastery Program Wholistic Psychology and Spiritual Healing Training

*with Mary Hayes Grieco*

You are invited to join a special community of people committed to self mastery and healing service to others with the wholistic psychology model and spiritual healing tools of Unconditional Love and Forgiveness. This potent and joyful course is taught by Mary Hayes Grieco, director of The Midwest Institute for Forgiveness Training. The 100 hour training takes place over nine weekends of group learning, and two private coaching sessions. It offers a highly effective new skill set for emotional healing to be used by mental health professionals, wholistic healing practitioners, and serious students of spiritual self-development. This program has been approved for 42 Continuing Education Units by the MN Board of Psychology and the Board of Marriage and Family therapy, and Mary Hayes Grieco is also an approved provider for the MN Board of Social Work. At the end of this training, you will have tools that empower you to end your suffering and live a vibrant and purposeful life, and to help others to do the same. We will meet in the cozy and spiritual environment of The Carondelet Center at 1890 Randolph Street on the campus of the College of St. Catherine in St. Paul. There are rooms available at low cost if you want to stay overnight for the whole weekend. Coaching sessions are at Mary's office in Minneapolis. This program is sponsored by The Midwest Institute for Forgiveness Training.

### 2011-2012 DATES AND CONTENT

October 14-15	<b>Community Building</b>
November 18-20	<b>Unconditional Love and Forgiveness Workshop I</b>
December 9-10	<b>Psychosynthesis I: Soul, Personality, and Will</b>
January 13-14	<b>Psychosynthesis II: Subpersonalities</b>
February 10-11	<b>The Essenes: Spiritual Practices</b>
March 9-11	<b>Unconditional Love and Forgiveness Workshop II</b>
April 13-14	<b>Intuitive Development and Personal Boundaries</b>
May 4-5	<b>Self Love for Life</b>
June 1-2	<b>Bringing It All Together: Living My Purpose</b>

**Cost: \$3,200.00** Payment plan available. 42 CEUs

Enrollment is limited - call soon!

For questions and more specific information about this program

Call Mary Hayes Grieco at 612-874-6622 or 1-877-377-6232 (toll-free)

[www.maryhayesgrieco.com](http://www.maryhayesgrieco.com)

*“I want you to give yourself  
wholeheartedly to the evolution  
of human consciousness.  
Starting in your own life, today,  
make an athletic leap to the  
higher ground you know is calling you.  
There is no more room, no more time  
for fear or withholding...  
Agree to shine in service of truth.  
Become committed!”*

– Mary Hayes Grieco  
*Be A Light*



The Midwest Institute for Forgiveness Training  
*“Freeing the joy of the human spirit”*